

For associates of your organization

Get a Life! The Secrets of Work/Life Balance

Today's leaders are feeling anything but balanced! How can you help? Bring Andy Kaufman in to share the **Get a Life! The Secrets of Work/Life Balance**. Your group will be armed with practical ideas they can start using right away, and entertained with an engaging, interactive, and encouraging session that will set a positive tone for moving forward.

Call 847.550.0974 now to reserve your meeting date.

What You Will Learn

- ◆ Why we struggle to keep up with increasing responsibilities and why it won't get easier without help
- ◆ An alternative metaphor for "work/life balance" that more accurately explains what we need to aim for
- ◆ A model for detecting when we're off course
- ◆ Practical, easy-to-learn steps on how to get more done with less stress
- ◆ Tips for keeping things from falling between the proverbial cracks
- ◆ Ways to start benefiting from the material right away!

What Others Are Saying

- ◆ "Frankly, I have attended several presentations by Dr. Stephen Covey and others and find you to be their equal. Your approach certainly seems easier to follow."
- ◆ "The way you interacted with the audience was truly remarkable. You brought folks into the presentation and made them participants instead of attendees."
- ◆ "Really appreciated Andy's flexible approach & enthusiasm! Thanks for bringing him in!"
- ◆ "I cannot believe how on top of things I am after just a week. I will never go back!"

Institute for Leadership Excellence & Development Inc.

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Customize the Program to Your Needs

- ◆ Keynote Package
 - ◆ 45 minutes to 2 hours
 - ◆ High energy, interactive workshop focused on practical insights related to work/life balance
- ◆ Options to Further Live the Learning
 - ◆ Innovative 2 Minute Booster electronic reinforcement
 - ◆ E-learning reinforcement module
 - ◆ 12 months of phone and e-mail coaching
 - ◆ Copies of Andy's books

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About Andy Kaufman

Andy Kaufman is President of the Institute for Leadership Excellence & Development Inc., an organizational development firm committed to improving organizational results through leadership development. The Institute provides keynote presentations, training, and professional coaching services for companies around the world. Andy has a real passion for helping people learn to thrive in the midst of uncertainty and change, and his clear and entertaining style has helped thousands of people learn how to successfully navigate these challenges. Andy brings a rich background of over 20 years of corporate and small business leadership experience. His focus is all about helping to transform organizations through proven, holistic, real-world approaches.



Andy is author of *Navigating the Winds of Change: Staying on Course in Business & in Life*, and *How to Organize Your Inbox & Get Rid of E-Mail Clutter*, both published by Zurich Press.

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What Does This Mean For You?

Andy Kaufman has real world leadership experience with organizations of all sizes. Combine that with experience developing tens of thousands of people from hundreds of companies and you have a speaker who will connect with your audience in an engaging and informative way. They will learn and enjoy it at the same time!

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Your Satisfaction Guaranteed!

Learning how to effectively manage the demands of work and home is a critical life skill for us all. Feedback from this session indicates that participants actually enjoy the learning process and walk away with practical solutions that can provide benefit starting right away. **I am so confident you will be satisfied with the results of this learning session that I offer a 100% Satisfaction Guarantee!** Call me today to start the learning in your organization!

Andy Kaufman